

CINDY POORMAN
Candidate Statement
July 31, 2019

I am seeking the position of At-Large Directorship on the USA Archery Board of Directors. I feel I can contribute to the board due to my experience as an archer and in my administrative career with the Department of Veterans Affairs (VA).

My archery experience began in college where I was a member of the East Stroudsburg University Archery Team. On that team I was able to travel to Belgium and the College National Target Championships to compete. After graduating and getting married, my husband and I traveled from Pennsylvania to Alabama to train in archery with a coach for the '88 Olympic Trials from 1985-1988. During that time, I competed and became a member of the United States National Archery Team in '87, '88, '89. I was also invited to be one of the first 5 archery resident athletes at the Colorado Springs Olympic Training Center. I feel my experience as an elite archery athlete gives me a unique perspective to the goals and mission of USA Archery.

In my 26 year career with the VA, I started as a staff physical therapist at the Denver VA. From there I became the administrative director of the Rehabilitation Department at the Denver VA Medical Center. This was followed by being selected as a Rehabilitation Planning Specialist. In this position I worked for VA Headquarters in Washington DC but was field based in Denver. I gained tremendous experience in all aspects of running a national program in rehabilitation. This included things like writing Congressional responses, writing national handbooks and documents, managing a \$10 million budget, strategic planning, marketing VA programs to outside agencies and maintaining quality rehabilitation programs through an accreditation process. This business experience of running national programs I feel would be a tremendous asset to the USAA Board of Directors.

My passion at this time is in para archery however I also have a strong interest in seeing our US women on the podium at international events. I think the grass roots and JOAD programs play a key role in USA Archery's success in the coming years. As a result, we need to really consider how these programs are progressing at a local level. If selected I will work to develop not only national/international teams but to expand local programs.

CINDY E. POORMAN, MSPT

CURRICULUM VITAE

Home Address

117 Deer Path Avenue
Manitou Springs, Colorado 80829
720-480-5946

Licensure

Licensed Physical Therapist: State of Colorado, PTL0012533

Professional Experience

Rehabilitation Planning Specialist April 2005 to April 2019 (Retired)
Amputation Program Manager
Veterans Affairs (VA) National Rehabilitation Program Office
VA Central Office, Washington DC
Field Based in Denver, Colorado

- Provided national leadership in the field of Physical Medicine and Rehabilitation and Amputation Care to 152 Medical Centers across the VA System
- Developed spend plans and quarterly reports for a \$10 million budget
- Provided oversight to 25 employees across the nation
- Provided leadership and mentorship to Interdisciplinary Rehabilitation Teams across the nation
- Coordinated Commission on Accreditation of Rehabilitation Facilities (CARF) for Amputation Specialty Accreditation across the VA System
- Wrote responses to Congressional Inquiries
- Correlated and reported national workload
- Wrote national handbooks and directives
- Collaborated with Department of Defense (DoD) Military Treatment Facilities for Service Member transition to VA
- Collaborate with the Extremity Trauma and Amputation Center of Excellence (EACE) and DoD on VA/DoD projects
- Developed national training programs for field clinicians
- Experience in written communication at a national level
- Experience in public speaking at a national level
- Developed yearly strategic plans and monitored progress toward strategic objectives
- Collaborated with the Amputee Coalition to bring the Peer Mentorship program to VA

National Telerehabilitation Lead November 2008 to April 2019 (Retired)
Telehealth Services
VA Central Office, Washington DC
Field Based in Denver, Colorado

- Provided oversight of telerehabilitation development in 152 Medical Centers across the VA System
- Provided education in clinical, business and technology aspects of telerehabilitation to the field
- Wrote national operations manuals
- Correlated and reported national workload data
- Provided national leadership in the field of telerehabilitation
- Developed national strategic plan for telerehabilitation that aligned with Telehealth Services, Veterans Health Administration and VA strategic plans
- Provided reports and presentations for the National Executive Director of Telehealth Services
- Collaborated with other VA Program Offices and outside stakeholders to develop telerehabilitation pilots

Rehabilitation Program Manager December 1996 to April 2005
Denver VA Medical Center, Denver, Colorado

- Administrative Leader of the Physical Medicine and Rehabilitation Service
- Managed a \$5 million service budget
- Coordinated outcomes and quality management for all rehab sections
- Data manager
- Accreditation coordinator for Joint Commission, CARF – Inpatient, Outpatient and Homeless Veterans Program
- Facilitator of focus groups and process action teams
- Project coordinator for research proposals and research studies
- Member of numerous Medical Center committees
- Mock CARF surveyor for VA facilities
- Central Office experience as administrative officer to the National Director of Physical Medicine and Rehabilitation

Chair, National Rehabilitation Field Advisory Board October 2003 to April 2005

- Oversaw progress on the National Rehabilitation Strategic Plan
- Ran the quarterly National Rehabilitation Field Advisory Board conference calls
- Led the strategic planning session for the Rehabilitation National Program Office and Field Advisory Board
- Chaired two national work groups
- Member of two additional national work groups
- Field consultant for national rehabilitation issues

Staff Physical Therapist December 1992 to December 1996
Denver VA Medical Center, Denver, Colorado

- Clinical expertise in acute stroke and amputation rehabilitation
- Specialty in manual and power wheelchairs with standard and custom seating systems as well as pressure mapping with sensor systems

Recreation Therapist December 1987 to April 1989
Pikes Peak Manor Nursing Home, Colorado Springs, Colorado

- Provided recreational activities for residents.
- Promoted to Assistant Director of Recreation Therapy in August 1988
- Responsibilities expanded to include developing and implementing new programs, setting up special events, and publishing a monthly newsletter

Adjunct Instructor, Archery August 1985 to September 1987
Auburn University at Montgomery, Montgomery, Alabama

Nautilus Instructor January 1986 to August 1987
Chung's Fitness Center, Montgomery, Alabama

Recreation Therapist November 1981 to June 1985
Holy Spirit Hospital Community Mental Health Center
Camp Hill, Pennsylvania

- Promoted to Therapeutic Activities Supervisor in October of 1983.

Substitute Teacher August to November 1981
Head Coach – Varsity Field Hockey
Mechanicsburg Area School District
Mechanicsburg, Pennsylvania

Education

Graduate Certificate Program in Leadership and Management
September 2003 – April 2005
Colorado State University, Denver, Colorado

Master of Science, Physical Therapy
August 1992
Arcadia University, Glenside, Pennsylvania

Liberal Studies
1989 – 1990
Harrisburg Area Community College, Harrisburg, Pennsylvania

Bachelor of Science, Physical Education
May 1981
East Stroudsburg University, East Stroudsburg, Pennsylvania
Graduated Magna Cum Laude

Honors/Awards

International Archery Classifier Candidate – World Archery, March 2018

Special Advancement for Achievement, VACO, October 2015

Recipient of the Ernest M. Burgess, MD Award for making a significant contribution in improving the lives of people with limb loss. Nominated by the Scientific and Medical Advisory Committee of the Amputee Coalition, July 2015

Selected as a Fellow for National Leadership VA 2013

Performance Award, VACO, 2007-2014

Spirit of Collaboration Award, Department of Veterans Affairs, Amputee Coalition, June 2011

Special Contribution Award, VACO, 2008-2010

Certificate of Appreciation, Centers for Medicare and Medicaid Services, for participation in the Interagency Wheelchair Workgroup, December 2004

Certificate of Appreciation, Denver VA Mental Health Service, for assistance with CARF accreditation, February 2004

Medical Director Performance Award, for work as CARF accreditation coordinator, January 2004

Selected as Chair of the National Rehabilitation Field Advisory Board, October 2003

Selected as one of 20 Eastern Colorado Health Care employees to participate in the Leadership and Management Graduate Certificate Program, September 2003

Employee Recognition Award, 1997-2004

Certificate of Appreciation, Rehabilitation SHG, for work done on the video series "Managing Quality Rehabilitation in the New Millennium, 2001

Publications – Professional Proceedings

Scholten, J, Poorman, C, Culver, L, Webster, J. Department of Veterans Affairs Polytrauma Telerehabilitation: Twenty-First Century Care, *Polytrauma Rehabilitation*, December 2018

Webster JB, Poorman CE, Cifu DX. Department of Veterans Affairs Amputation System of Care: 5 years of accomplishments and outcomes. *J Rehabil Res Dev.* 2014; 51(4): vii–xvi

Poorman CE, Sporer ML, Sigford B, Cornis-pop M, Stephens G, Zintay G, Pramuka M, Chapter 3: Department of Veterans Affairs System of Care for the Polytrauma Patient, *Care of the Combat Amputee*, June 2009
Book received First Place in Technical Text from the Washington Book Publishers Organization

Blake DJ, Kennedy PK, Poorman CE, Steele JPH, Rorrer RAL, *Comparison of Body-Seat Interface Pressures with Various Wheelchair Backs and Seats*, RESNA '99, Long Beach, CA, June, 1999.

Research

Do Amputees Benefit from Comprehensive Rehabilitation Services, Margaret Stineman, M.D., Principle Investigator. FY 2011
Served on the Research Panel

Characterizing Care Processes in the Amputation System of Care, Christine Elnitsky, PhD, Principle Investigator. FY 2011
Served as Technical Advisor

Clinical-based Patient Outcomes in the Amputation System of Care, Christine Elnitsky, PhD, Principle Investigator. FY 2011
Served on Expert Advisory Group

Team Functioning in Patient Outcomes: An RCT in Process Improvement, Dale Strausser, M.D., Principle Investigator, Susan Bowen, Ph.D., Project Manager. Approved 2002.
Served as Study Coordinator, Denver Site

Quality of Life Changes as a Result of Participation in the Winter Sports Clinic, Leigh Anderson, M.D., Principle Investigator. Pilot Study Approved 2000, Completed April 2001.
Served as Project Coordinator

Community Involvement

American Physical Therapy Association, Professional Member, 1992 to present

Denver Hospice Center, Animal Therapy Volunteer, June 2013 to March 2016

Retriever Rescue of Colorado, Volunteer, January 2007- present

Horse Power, Therapeutic Riding Program, Board of Directors, September 2009 to July 2011

Archery Experience/Accomplishments

December 2019 – Level 4 NTS Coaching Session, Statesboro, Georgia (Planned)

September 2019 - National Classification, Valor Games, San Antonio (Planned)

July 2019 – Head Official, Archery Competition at the National Veterans Wheelchair Games, Louisville, Kentucky (Not a USAA sanctioned event)

June 2019 – Collaborating with the Archery School of the Rockies to develop an adaptive archery program for Veterans and disabled adults, Colorado Springs, Colorado

April 2019 – Head Official, Archery Venue, VA Winter Sports Clinic, Snowmass, Colorado (Not a USAA sanctioned event)

August 2018 – Head Official, Archery Competition, National Veterans Wheelchair Games, Tampa, Florida

April 2018 – Head Official, Archery Venue, VA Winter Sports Clinic, Snowmass, Colorado

March 2018 - Achieved International Classifier Candidate certification, Cancun, Mexico

November 2017 - Achieved Level 3 NTS Coach Certification, Salt Lake City, Utah

September 2017 - Archery Coach for the VA National Summer Sports Clinic

June 2016-August 2018 - Provided an adaptive archery program for Veterans in Denver, Colorado

April 2016 - Achieved Level 1 Instructor Certification, Adaptive Archery Course, Lake Placid, New York

June 1985 - August 1988 - Trained in the sport of archery for the 1988 Olympic Trials, and achieved national and international rankings. Below is a list of major accomplishments.

1986 United States National Field Championships – Second Place

1986 United States National Target Championships – Third Place

1987 Selected as a member of the United States National Archery Team

1987 United States National Field Championships – Third Place

1988 One of six archers selected to train at the Colorado Springs Olympic Training Center

1988 World Field Championships Team Trials – Fourth Place

1988 World Field Championships, Bolzano, Italy – Fifteenth Place

1989 Selected as a member of the United States National Archery Team

May 1981 – Competed in the College National Target Championships

March 1980 – Traveled to Belgium with the East Stroudsburg University Archery Team and competed in archery tournaments around Brussels.

December 1979-June 1981 – Member of the East Stroudsburg University Archery Team.