



SETUP TIME

15 MINUTES



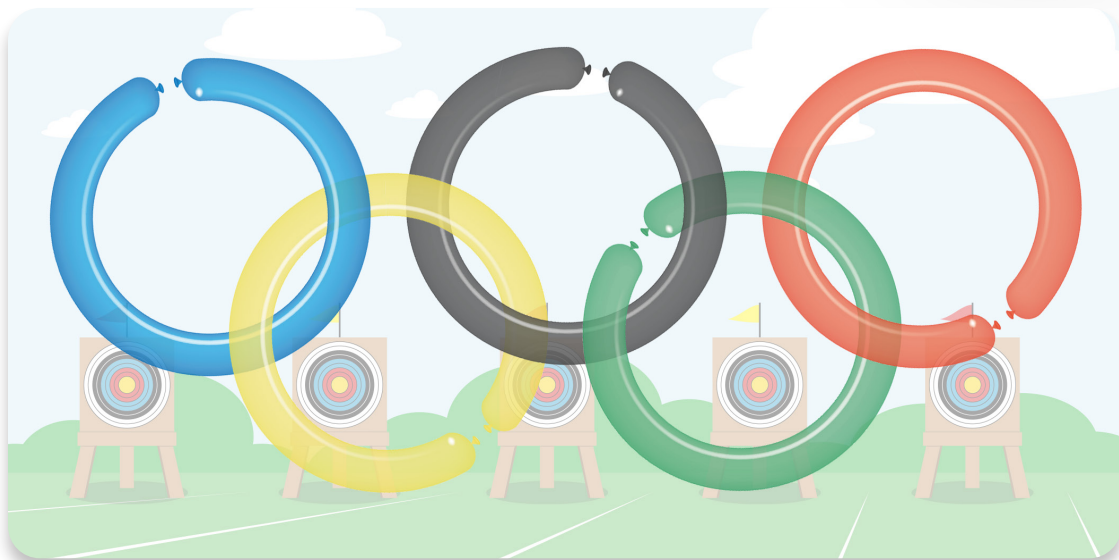
ACTIVITY TIME

20 MINUTES



SKILLS LEARNED

ANCHOR, DECISION
MAKING



THE POINT

Celebrate the Olympic and Paralympic Games with this fun twist on the Olympic Games' five interlocking rings, one of the most recognized symbols in the world. The blue, black, yellow, red and green rings traditionally represent the five different areas of the world involved in the Olympics (North and South America, Africa, Australia and New Zealand, Asia, and Europe). Have archers focus on a consistent anchor point so they can begin predicting where the arrow will go. Correct anchor eliminates shooting high, low, left and right. Keep this game fun and exciting by playing music and setting time limits.

EQUIPMENT NEEDED

- Six arrows per student, different or distinctive for archers sharing a target.
- Long, thin balloons (the ones used to make balloon animals), five per target.
- Target pins.

RANGE CHANGE

- Place two quivers at each target.
- Blow up five balloons per target, different colors if possible (blue, black, yellow, red and green).
- Tie the lips of each balloon together to make a loop.
- Pin the five different colored balloons onto each target in the shape of the Olympic Rings. You may need to use string to make sure the balloons hang properly. Only pin the open (lip) end of the balloon onto the target.



PROCEDURE

1. Place six arrows into each archer's quiver. Make sure that students sharing a target have different colored arrows or fletching.
2. Have archers shoot until they have one arrow inside each ring or they have shot all their arrows. The goal is to honor the Olympic symbol by shooting through the rings, not popping the rings.
3. Archers with an arrow through each ring (or the most rings) wins!
4. Once all archers have shot, have them retrieve arrows.

BEHIND THE LINE

- Have students guess who they think will win individual and team medals and what the scores will be.
- Design a symbol and motto for your club or team.

RESOURCES

Guttmann, Allen. *The Olympics: A History of the Modern Games*. University of Illinois Press: Urbana, Illinois. 1992.

Kristy, Davida. *Coubertin's Olympics: How the Games Began*. Lerner Publications Company, Minneapolis, Minnesota. 1995.

